

CURRENTLY COVERED UNDER MEDICARE?

OPEN ENROLLMENT IS 10/15/14 -12/7/14

By Elizabeth Kate

If the thought of reviewing your Medicare and health insurance sends shivers down your spine, fear not! Naama O. Pozniak and her team of professionals at A+ Insurance Services are poised and ready to help you. Naama and associates are certified insurance experts and their services won't cost you a dime. So you can choose to stumble through the process blindly on your own, or you can call A+ and let them guide you skillfully into the perfect plan.

In case it's not boldly marked on your calendar, Medicare's Open Enrollment for Seniors 65 and up is right around the corner. Time is of the essence as the Medicare Advantage Plan can only renew from October 15th through December 7th for an effective start date of January 1st, 2015.

Especially during this time of change in our health care system, it is best to meet with a qualified consultant who can easily navigate through the often-confusing web of health care plans. Naama has over 20 years of experience in the field of health insurance. She has a community of doctors and health care providers around her and knows the



Pozniak is poised to help

importance of choosing the right coverage. There is never any charge to you and it is to your ultimate benefit to have Naama and her associates at your fingertips should you ever need advice, have a question, or need help in making a claim.

Things are changing quickly in the world of healthcare. Prior to the Affordable Care Act, Medicare recipients could change plans from November 15th through the end of March. This option is no longer available. The only time

changes can be made to plans or prescription cards or even adding a Medicare Supplement is between October 15th and December 7th. The clock is ticking. The time to act is upon us.

For those who are celebrating their birthday over the next few months, it is prime time to evaluate and review your plan. Also important is to look into Wellness programs that your policy might offer, such as discounted rates at gyms and health clubs. The importance

of making sure you are on the right plan BEFORE you need the insurance cannot be overstated.

Naama O. Pozniak is dedicated to her work in healthcare. She truly wants to make a difference in her clients' lives by guiding them to the correct healthcare coverage. A devoted practitioner of both yoga and meditation, Naama encourages her clients to consider taking classes as she believes wholeheartedly in the mind-body connection and its importance throughout our lives. "It is never too late to start," agent Naama insists with a warm smile. "Everything you do to stay healthy, from diet to exercise to meditation, will impact and benefit your future."

You can find Naama O. Pozniak and her team of insurance specialists at A+ Insurance Services in Valley Village at 12500 Riverside Drive, Suite 206. They can also be reached at (818) 508-7177, and on rightplan.com/aboutus.html.



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